

Thriving at Home

Provided by



Arlington Public Library

Simple Origami

Study the diagrams and then try to make a dog, a cat and a fox!
All you need is paper that is in the shape of a square and markers to decorate.



Recycled Art Ideas

Tic Tac Toe

Materials:

1. Paper
2. Marker
3. 10 bottle caps



What other games can you make out of recycled materials?

Tip: try designing a board game using cardboard from a cereal box. Small toys can be used as game pieces!

Water Bottle Bracelets

Materials

1. Water bottle
2. Permanent Markers
3. Scissors

Get creative and try making other things with plastic water bottles!



Recycled Art Ideas

Cardboard Engineering

What can you make with a flat piece of cardboard?

Here are some ideas!



Cardboard Tube Crafts



Creative Writing

Complete-the-Adventure

A TREASURE HUNT STORY

Once there was a _____ and _____ who wanted,
adjective adjective boy/girl

more than anything in the _____, to find the lost Magical
specific place

_____. It was said the one who found this most
color name of something you find in a bathroom

treasured item, would gain the power to _____.
name a superpower

The ambitious adventurer traveled far and wide - _____ing across
verb

_____shaped lands, _____ing through _____ cities, and
name of breakfast food verb adjective

over the most tumultuous _____. The adventurer was
noun

even challenged by the evil _____ de la _____ to a
name of animal name of a disgusting food

battle of _____, where they _____ and _____.
name of something you'd see on a playground verb verb

At last, though, the weary adventurer discovered the mysterious
Cave of _____, where the Magical _____
repeat name of treasure

was said to be. But what happened once the brave adventurer went into the cave? Was the treasure found? Or was there an entirely new journey waiting to begin? The choice is yours. YOU write the story.

Friendship Bracelets

Materials:

1. String/yarn (colors are fun!)
2. Safety pin or tape



Instructions:

1. Tie 4-6 long pieces of string together and secure to a surface using tape or a safety pin
2. Take the string that is farthest to the left and loop it over the next string
3. Repeat step one with the same string to create a double knot
4. Take the first string and continue making double knots around each of the remaining strands
5. Start back at the beginning with the far left strand and tie double knots left to right across each strand
6. Keep going until the bracelet reaches the length you would like it to be
7. Gather each strand of string at the bottom of your bracelet and tie in a knot



Simple Science Activities at Home

Marble Run

Design a fun marble run with cardboard tubes and tape! Test your design with a marble or bouncy ball. Drop the ball in from the top. Will it travel all the way down through the tubes? Next, try a different design!

**Science terms: physics, inertia, gravity*



Sink or Float Activity

Materials:

One large clear plastic tub

Water

Various small household objects

Paper, pencil

Directions:

Fill a tub with water.

Select 10-12 various small objects. Suggestions include a paper clip, a magnet, a block, a ball, small plastic toys, a metal spoon, a wooden clothespin, etc.

Make 2 columns on a piece of paper and title one column “float” and the other “sink”.

Predict which objects will float or sink and write your guesses in each column.

Now try it out by dropping one item at a time in the water!

Record your results.

**Density determines whether an object will float or sink!*

Where can I go if I am hungry?

Children 18 or younger may receive one breakfast meal and one lunch meal Monday - Friday from 11am - 1pm at the following locations:

<u>Bailey Jr. High</u>	2411 Winewood Ln, Arlington, TX 76013
<u>Barnett Jr. High</u>	2101 E Sublett Rd, Arlington TX 76018
<u>Blanton Elementary</u>	1900 S Collins St, Arlington, TX 76010
<u>Boles Jr. High</u>	3900 SW Green Oaks Blvd, Arlington, TX 76017
<u>Crouch Elementary</u>	2810 Prairie Hill Ln, Grand Prairie, TX 75051
<u>Dipert Career + Technical Center</u>	2101 Browning Dr, Arlington, TX 76010
<u>Farrell Elementary</u>	3410 Paladium Dr, Grand Prairie, TX 75052
<u>Ferguson Education Center</u>	600 SE Green Oaks Blvd, Arlington, TX 76018
<u>Knox Elementary</u>	2315 Stonegate St, Arlington, TX 76010
<u>Larson Elementary</u>	2620 Avenue K, Grand Prairie, TX 75050
<u>Miller Elementary</u>	6401 W Pleasant Ridge Rd, Arlington, TX 76016
<u>Nichols Jr. High</u>	2201 Ascension Blvd, Arlington, TX 76006
<u>Ousley Jr. High</u>	950 Southeast Pkwy, Arlington, TX 76018
<u>Pope Elementary</u>	901 Chesnut Dr, Arlington, TX 76012
<u>Sam Houston High School</u>	2000 Sam Houston Dr, Arlington, TX 76014
<u>Shackelford Jr. High</u>	2000 N Fielder Rd, Arlington, TX 76012
<u>Sherrod Elementary</u>	2626 Lincoln Dr, Arlington, TX 76006
<u>Short Elementary</u>	2000 California Ln, Arlington, TX 76015
<u>Speer Elementary</u>	1001 Ridgewood Terrace, Arlington, TX 76012
<u>Starrett Elementary</u>	2675 Fairmont Dr, Grand Prairie, TX 75052
<u>Swift Elementary</u>	1101 S Fielder Rd, Arlington, TX 76013
<u>Wood Elementary</u>	3300 Pimlico Dr, Arlington, TX 76017
<u>Workman Jr. High</u>	701 E Arbrook Blvd, Arlington, TX 76014
<u>Young Jr. High</u>	3200 Woodside Dr, Arlington, TX 76016

If you are needing further assistance with meals for your family, the following Arlington ISD partners are also offering free meals during the school closure please call:

Mission Arlington - (817) 277-6620

Who can call when I need someone to talk to or if I am feeling unsafe?

AISD Student Counseling Services Hotline

(682) 867-9416

School counselors are available for students to discuss stress, anxiety or other counseling-related topics. Counselors are available to take calls Monday through Friday from 8:30 a.m. to 2:30 p.m.

Community Support Services Hotline

(682) 867-9417

Social Workers and other support personnel are available to assist students, parents and staff with questions about available community resources. AISD staff members answering these calls are here to assist families in navigating through community resources for needs related to food, clothing, shelter, transportation and advocacy. Staff is available to take calls Monday through Friday from 8:30 a.m. to 2:30 p.m.

Mental Health Support Hotline

(833) 986-1919

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, help is available. Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Texas Youth Helpline

Call: (817) 274-4444

Text: (512) 872-5777

Trained volunteers are ready to help 24 hours a day, 7 days a week. They will listen to your problem, help you consider your choices, and develop a sensible solution.